

Small Group Study Guide

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FILLED

TO

FLOW



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INTRODUCTION

In a world that often feels draining, it's easy to forget that we have access to a powerful, life-giving resource that never runs dry—the river of the Holy Spirit. God's desire is for us to live in the fullness of the Spirit, experiencing His presence and power in every area of our lives. You were made to be filled with the Spirit, not just for your benefit, but so that His power can flow through you as an expression of your faith.

This series is designed to help you understand more about who the Holy Spirit is, the gifts He offers, and how you can walk in His power. Together, as a group, we'll explore how to be filled to flow—growing deeper in our relationship with God and in our relationships with each other, as we live out God's vision for our lives with boldness and purpose.

Making the Most of Your Time Together

Over these 7 weeks of your group getting together, you will watch a 5-10 minute video teaching and use the questions in the Talk About It section as a guide for group discussion. By engaging in God's word and teachings on it, we are bound to experience transformation, but we also experience healthy change through relationships with others. The friendship and insights of those in your group will enrich your small group experience. To help make the most of your time together, here are some guidelines to keep in mind for a healthy group discussion:

Be Involved – Jump in and share your thoughts. Your ideas are important, and you have a perspective that is unique and can benefit the other group members.

Be A Good Listener – Value what others are sharing. Seek to really understand the perspective of others in your group and don't be afraid to ask follow-up questions.

Be Courteous – People hold strong opinions about the greatest needs in our world. Your God-given passions may vary greatly from someone else's, and that's okay. We were not all designed in the same way or meant to accomplish the same things. Spirited discussion is great. Disrespect and attack are not. When there is disagreement, focus on the issue and never allow the discussion to turn into a personal attack. Make unity a priority and make it a point to table conversations that are doing the opposite.

Be Focused – Stay on topic. Help the group explore the subject at hand, and try to save unrelated questions or stories for afterward.

Be Careful Not To Dominate – Be aware of the amount of talking you are doing in proportion to the rest of the group, and make space for others to speak.

Be A Learner – Stay sensitive to what God might want to teach you through each lesson, as well as through what others have to say. Focus more on your own growth rather than making a point or winning an argument.

Be Confidential – Your group is meant to be a safe space to share openly and be vulnerable. What is shared in the group is considered confidential and should not be shared outside of the group without clear permission from the person who shared it.

Be A Supporter – Make it a practice to listen without always intending to respond. Some people just need to be heard. We aim to not interrupt what God is saying and partner with the move of the Spirit the best we can. We do this by asking, "Do you just need to be heard, or do you want advice?"

How to Use This Guide

This guide is designed to help you engage with God’s Word both personally and in community. Each week’s study is broken down into three major sections—Take It In, Talk About It, and Take It Home—to guide you through a meaningful and impactful experience.

Weekly Scriptures

Each week, we provide the scriptures for your Bible study reflection and group engagement. These are for your convenience, but don’t forget to bring your Bible and engage directly with God’s Word. The goal is to not just read, but to truly connect with what God is saying to you.

Take It In | Bible Study Reflection

This section is where you’ll engage with the scriptures on a personal level. Set aside time for reflection as you read and meditate on the verses. Ask yourself questions like: What is God saying to me through these verses? How does this passage relate to my life right now?

What is God inviting me to understand or change? Consider using a journal to capture insights, questions, and anything that stands out during your personal reflection time. This is your chance to listen to God one-on-one.

Talk About It | Group Engagement

This section has scriptures and questions to prompt conversation. Feel free to read through these questions ahead of time as you prepare for your group meeting, but don't feel the need to answer every question during the discussion. Allow these questions to serve as a foundation for good conversation around the week's topic. Before we dive into the discussion, there will be a video teaching for each week of this study. You can also use this section to jot down key points and take notes! If you hear something that resonates with you, whether in the video or something that another group member shared, use this space to write it down.

Talk About It | Prayer Time

In each group session, be sure to make time for prayer! In the prayer times, approach it with a popcorn style rather than a programmed style. That is, each person considers both the list of prayer prompts and the awareness of what is going on with others in the group and prays as led, one at a time, for each other. If group prayer is new to you, try this: when other people are praying out loud, and you agree with the sentences they are saying, speak up while they are praying and say things like "Yes, Lord!" "Amen!" or "Thank you, Lord." Giving voice to agreement in prayer together is a blessing, and it is to be encouraged!

Take It Home | Reflection Continued

Group discussions are valuable, but personal time with God is irreplaceable. This section is for continued reflection after your group meeting. Use this time during your quiet time with God to further process the week's topic. The reflection questions are designed to deepen your understanding and draw you closer to the Lord. Don't feel the pressure to answer every question—rather, allow each one to prompt meaningful reflection and journaling that strengthens your personal walk with God.

Final Encouragement:

As you work through this guide each week, remember that the goal is not just information, but transformation. Take time to let God speak to you through His Word, engage with others in authentic community, and respond to the Holy Spirit in prayer. Growing as a disciple and together in community is a powerful journey, and this guide is here to help you take that next step.

HELLO HOLY SPIRIT!

You're filled to flow with the fullness of the Spirit!

In this session, you will learn the personality and work of the Holy Spirit from a Biblical foundation. You will discover the various ways we may experience the Holy Spirit. You'll be invited to embrace the goodness of the Spirit of God in total fullness!

Weekly Scriptures

John 16:7-8 NLT

"But in fact, it is best for you that I go away, because if I don't, the Advocate won't come. If I do go away, then I will send him to you. And when he comes, he will convict the world of its sin, and of God's righteousness, and of the coming judgment."

John 16:13-14 NLT

"When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future. He will bring me glory by telling you whatever he receives from me."

John 3:5-8 NIV

"Jesus answered, 'Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit. You should not be surprised at my saying, 'You must be born again.' The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.'"

John 20:21-23

"Again Jesus said, 'Peace be with you! As the Father has sent me, I am sending you.'" And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven."

Acts 1:8 NLT

"But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth."

Luke 3:16 NLT

"I baptize you with water; but someone is coming soon who is greater than I am—so much greater that I'm not even worthy to be his slave and untie the straps of his sandals. He will baptize you with the Holy Spirit and with fire."

1. Read John 16:13-14. Identify the four aspects of the Holy Spirit's activity mentioned in John 16:13-14. Keep in mind this is not a complete list! How are these four aspects of the Holy Spirit's activity helpful or valuable?
2. Read John 3:5-8. Why does the goal of entering the Kingdom of God matter?
3. What is the rebirth in the Spirit, and how is it experienced? How did you experience it?
4. Read John 20:21-23. What is the significance of Jesus' greeting?
5. What are some elements of the way or purpose for which Jesus was sent in John 20:21-23?
6. What is the significance of Jesus "breathed on them" in John 20:21-23?
7. What is the importance and meaning of breath or wind as it relates to the Holy Spirit and the filled-to-flow life?
8. Read Acts 1:8. Why does the Spirit's power prompt witness, and what does that mean for us?

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TALK ABOUT IT | **Group Engagement**

1. Share any highlights from the Sunday message that made an impression on you.
2. Read John 16:7-8. What does it mean to you that the Holy Spirit is your advocate referenced in John 16:7-8? How have you experienced this dynamic of the Holy Spirit?
3. Read John 16:13-14. Share about how you have experienced (or need to experience) any of these four aspects of what Jesus said the Holy Spirit will do.
4. Read Acts 1:8. In what ways have you observed the Spirit's power at work through other believers?
5. How have you personally experienced the power of the Spirit?
6. Read Luke 3:16. Share your experience in being baptized in the Holy Spirit. If you have not been, what's holding you back?

Prayer Time

For more awareness of the Holy Spirit

For the baptism of the Holy Spirit if appropriate

For more openness to the Holy Spirit's action in each person's life

For any other needs within the group

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1. Read the following verses that describe some of the specific works of and expressions of the Holy Spirit.

- Acts 1:5-8
- Acts 2:17
- Acts 2:4
- Acts 10:44
- Acts 8:15-17
- John 14:15-17
- John 15:26
- Romans 5:5
- Romans 15:13
- Galatians 5:16
- Romans 8:6

2. Identify three works or encounters with the Spirit that you are particularly grateful for and share why.

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JESUS IS THE MODEL

You're filled to flow in supernatural engagement!

In this session, you'll discover that supernatural ministry in the power of the Spirit is modeled by Jesus; the Kingdom of God is what you're made for. He modeled supernatural engagement as a way of life. He's the model of what it means to be filled to flow. We're following Jesus in Supernatural engagement.

Weekly Scriptures

Read John 7:37-39 from your own Bible

Luke 3:21-23 NLT

“One day when the crowds were being baptized, Jesus himself was baptized. As he was praying, the heavens opened, and the Holy Spirit, in bodily form, descended on him like a dove. And a voice from heaven said, “You are my dearly loved Son, and you bring me great joy.”

Luke 4:18-21 NLT

“The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free and that the time of the Lord's favor has come.” He rolled up the scroll, handed it back to the attendant, and sat down. All eyes in the synagogue looked at him intently. Then he began to speak to them. “The Scripture you've just heard has been fulfilled this very day!”

John 5:19-20a NLT

Jesus explained, “I tell you the truth, the Son can do nothing by himself. He does

only what he sees the Father doing. Whatever the Father does, the Son also does. For the Father loves the Son and shows him everything he is doing.”

John 3:34 NLT

For he is sent by God. He speaks God's words, for God gives him the Spirit without limit.

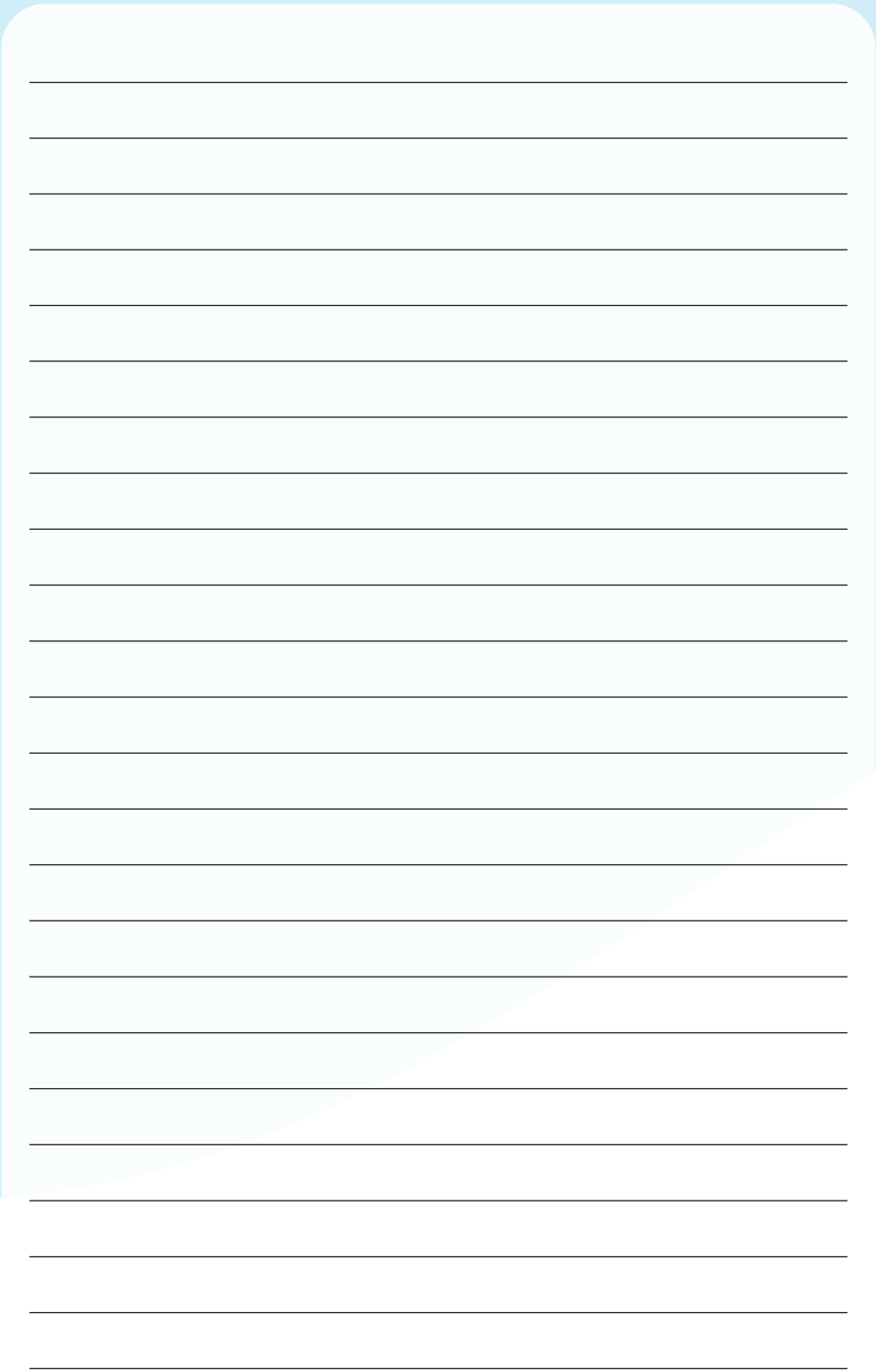
Acts 10:38 NLT

And you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the devil, for God was with him.

Luke 24:49 NLT

“And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven.”

1. Reflect on any highlights from the Sunday message or observations related to John 7:37-39. Why do you think Jesus compares the Holy Spirit to “rivers of living water?”
2. What is the significance of the Holy Spirit appearing like a dove as referenced in Luke 3:21-23?
3. Read Luke 4:18-21. What were some of the elements of the purpose of the presence of the Spirit in Jesus’ life, according to His own words?
4. If you are a filled-to-flow follower of Jesus, what are the implications of the words of Luke 4:18-21 for you?
5. Read John 5:19-20a. What is your approach to following Jesus’ example of doing what you see the Father doing?
6. Read Luke 24:49. How do you think the disciples were affected by Jesus’ promise to send the Holy Spirit?
7. Why did Jesus want the disciples to wait until they had received the Holy Spirit?



TALK ABOUT IT | **Group Engagement**

1. Read Luke 3:21-23. How did Jesus posture himself to experience the Holy Spirit, and how are you doing in posturing yourself to experience the Holy Spirit?
2. Read Luke 4:18-21. If you were one of the people in that synagogue, what would your reaction have been to this moment?
3. Read John 3:34. Name one step you can or will take to increase your own experience of receiving the Spirit without limit and why it will be good for you.
4. Read Acts 10:38. Share some examples of what it would look like for us, now, to “go around doing good” under the anointing of the Holy Spirit. Share any possible example you can think of!
5. Does the model of Jesus (casting out demons by the Spirit’s power) give you a sense of excitement or fear? Explain.
6. Read Luke 24:49. How does Jesus promise to send the Holy Spirit affect you?
7. How would your life, work, and ministry be different if you experienced more of the filling of the Spirit?

Prayer Time

For spiritual thirst in one another’s lives.

For increased experience of the refreshing river flow of the Holy Spirit.

For greater intimacy with the Father that leads to seeing what He’s doing and hearing His voice.

For whatever other needs there may be.

RECEIVING REVELATION— PROPHETIC FLOW

You're filled to flow in the prophetic!

In this session, you will learn about the gifts oriented around receiving revelation. You'll discover how to get the downloads from Heaven that God may want to give you. You'll learn about the revelatory gifts of the Spirit (Prophecy, Vision, Word of Knowledge, Message of Wisdom, and Tongues), and how to begin to enjoy these gifts.

Weekly Scriptures

1 Corinthians 12:1 NIV

Now about the gifts of the Spirit, brothers and sisters, I do not want you to be uninformed

1 Corinthians 12:7-11 NIV

Now to each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.

1 Corinthians 14:12 NIV

Since you are eager for gifts of the Spirit, try to excel in those that build up the church.

1 Corinthians 14:1

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy.

1 Corinthians 14:1

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy.

Romans 12:6 NLT

In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you.

Joel 2:28-29 NIV

I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days.

Acts 27:30-32 NIV

In an attempt to escape from the ship, the sailors let the lifeboat down into the sea, pretending they were going to lower some anchors from the bow. Then Paul said to the centurion and the soldiers, “Unless these men stay with the ship, you cannot be saved.” So the soldiers cut the ropes that held the lifeboat and let it drift away.

Acts 13:9-10 NIV

Then Saul, who was also called Paul, filled with the Holy Spirit, looked straight at Elymas and said, 10 “You are a child of the devil and an enemy of everything that is right! You are full of all kinds of deceit and trickery. Will you never stop perverting the right ways of the Lord?”

1 Corinthians 14:29-33

Let two or three people prophesy, and let the others evaluate what is said. But if someone is prophesying and another person receives a revelation from the Lord, the one who is speaking must stop. In this way, all who prophesy will have a turn to speak, one after the other, so that everyone will learn and be encouraged. Remember that people who prophesy are in control of their spirit and can take turns. For God is not a God of disorder but of peace, as in all the meetings of God’s holy people.

1 Timothy 4:14-15 NIV

Do not neglect your gift, which was given you through prophecy when the body of elders laid their hands on you. Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress.

1 Corinthians 14:3-5 NLT

But one who prophesies strengthens others, encourages them, and comforts them. A person who speaks in tongues is strengthened personally, but one who speaks a word of prophecy strengthens the entire church. I wish you could all speak in tongues, but even more I wish you could all prophesy. For prophecy is greater than speaking in tongues, unless someone interprets what you are saying so that the whole church will be strengthened.

Acts 10:9-13 NIV

...Peter went up on the roof to pray. He became hungry and wanted something to eat, and while the meal was being prepared, he fell into a trance. He saw heaven opened and something like a large sheet being let down to earth by its four corners. It contained all kinds of four-footed animals, as well as reptiles and birds. Then a voice told him, “Get up, Peter. Kill and eat.”

Daniel 2:19 NASB

Then the secret was revealed to Daniel in a night vision. Then Daniel blessed the God of heaven

Mark 2:8 NIV

Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking these things?”

John 1:47 NIV

When Jesus saw Nathanael approaching, he said of him, “Here truly is an Israelite in whom there is no deceit.”

TAKE IT IN | Bible Study Reflection

1. Discuss any highlights from the Sunday message.
2. Read 1 Corinthians 12:1, 1 Corinthians 12:7-11, and 1 Corinthians 14:12. In the big picture, what are the main purposes of the spiritual gifts, and who should use them?
3. Read 1 Corinthians 14:1, Romans 12:6, and 1 Corinthians 14:3-5. From the scriptures you've read, what kinds of things does the Holy Spirit accomplish through the gift of prophecy?
4. Why does prophecy, properly understood, hold so much value?
5. Read Joel 2:28-29. Why do you think God considers prophecy, dreams, and visions to be valuable, vital aspects of spiritual life?
6. Read Acts 10:9-13. What is the purpose or value of a vision in the prophetic flow? Have you personally found any action or posture to be helpful in seeking to receive a vision?
7. Read Mark 2:8 and John 1:47. The above scriptures are just two examples of Jesus flowing in Word of Knowledge. What kinds of purposes does the Word of Knowledge gift fulfill? Has anyone ever spoken a Word of Knowledge to you?
8. Acts 27:30-32 is an example of a Message of Wisdom. Share why a Spirit-given Message of Wisdom could be valuable. Have you ever received one or given one?
9. Read Acts 13:9-10. What is the value and purpose of the gift of discernment? What are some of the challenges or difficulties with discernment as a revelatory gift?
10. Read 1 Corinthians 14:29-33. Describe some of the ways the gift of prophecy functions, and some of the basic parameters, from all that you've learned in the scriptures above.
11. Read 1 Timothy 4:14-15. Has anyone ever laid hands on you so that you could receive an impartation of a spiritual gift? Share about that.

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TALK ABOUT IT | **Group Engagement**

1. Read 1 Corinthians 12:7-11. Share about a way you have been blessed by a filled-to-flow Christian flowing in the use of a spiritual gift.
2. Read 1 Corinthians 14:1 and 1 Corinthians 14:3-5. Share how you have been personally blessed or helped by receiving a prophetic word from a person.
3. Read Daniel 2:19. Have you ever had a dream that carried real significance, and would you share about that, with your understanding of how God spoke to you through it?
4. Read 1 Timothy 4:14-15. Share how you have observed someone exercising one of the revelatory gifts in a beneficial, effective way.

Prayer Time

For boldness in sharing prophetic words.

For visions and dreams.

For humility in willingness to test all things.

For impartation and activation in the prophetic flow.

For whatever needs there might be.

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1. Read the following passages: Galatians 2:2, Acts 18:9-10, 2 Corinthians 12:1-4, Acts 23:11, Acts 9:3-19, Acts 27:23-24, Acts 22:17, Acts 16:9-10, and Daniel 2. What kinds of things does the Holy Spirit often use visions to provide?
2. Read the following passages: Ezekiel 1:1, Matthew 2:3, Daniel 2:47, Matthew 2:12-13, Genesis 20:3-8, and Daniel 4:14-37. What kinds of things does the Holy Spirit accomplish through dreams?
3. Read the following passages: John 4:18-29, Acts 5:1-11, Acts 10:19, Matthew 9:4, 2 Kings 5:20-27, 2 Kings 6:8-12, 1 Samuel 9-10, and 1 Kings 14:2-3. How does the gift of the Word of Knowledge lead to furtherance of the Will of God?
4. Read the following passages: John 4:16-17, 1 Kings 3:16-28, and Genesis 41. What kinds of purposes does the Holy Spirit often use the Message of Wisdom for?
5. Read the following passages: Acts 8:1-8, Luke 4:34, John 3:8, 1 Timothy 4:1, Acts 13:9-10, and Matthew 17:18. What kinds of things does the Holy Spirit accomplish through the gift of discernment?

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KINGDOM CLANDESTINE COMMUNICATIONS— TONGUES

You're filled to flow in the language of the Spirit!

The experience of tongues can be a key part of your experience of the flow of the spirit. This session will give you a proper understanding of the full range of all that is “tongues,” and show you how to move toward engagement in this gift.

Weekly Scriptures

1 Corinthian 14:39-40 NIV

Therefore, my brothers and sisters, be eager to prophesy, and do not forbid speaking in tongues. But everything should be done in a fitting and orderly way.

Acts 2:1-4 NIV

When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

Acts 2:11b

“—we hear them declaring the wonders of God in our own tongues!”

Acts 2:5-13 NIV

Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. Utterly amazed, they asked: “Aren’t all these who are speaking Galileans? Then how is it that each of us hears them in our native language? Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome (both Jews and converts to Judaism); Cretans and Arabs—we hear them declaring the wonders of God in our own tongues!” Amazed and perplexed, they asked one another, “What does this mean?” Some, however, made fun of them and said, “They have had too much wine.”

**Need strength,
encouragement, or a word
from God? Sign up for a
prophetic appointment!
Our team is equipped and
ready to partner with you
to hear from God!**



1 Corinthians 14:26-27 NIV

What then shall we say, brothers and sisters? When you come together, each of you has a hymn, or a word of instruction, a revelation, a tongue or an interpretation. Everything must be done so that the church may be built up. If anyone speaks in a tongue, two—or at the most three—should speak, one at a time, and someone must interpret.

1 Corinthians 14:28

If there is no interpreter, the speaker should keep quiet in the church and speak to himself and to God.

1 Corinthians 14:1-4 NIV

Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy. For anyone who speaks in a tongue does not speak to people but to God. Indeed, no one understands them; they utter mysteries by the Spirit. But the one who prophesies speaks to people for their strengthening, encouraging and comfort. Anyone who speaks in a tongue edifies themselves

1 Corinthians 14:5 NIV

I would like every one of you to speak in tongues

1 Corinthians 14:15 NLT

Well then, what shall I do? I will pray in the spirit, and I will also pray in words I understand.
I will sing in the spirit, and I will also sing in words I understand.

Ephesians 6:18 NIV

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Jude 1:20-21 NIV

But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.

TAKE IT IN | Bible Study Reflection

- 1. Share any highlights from the Sunday message. What emotions come to mind when you hear about the gift of tongues? Why do you think you feel that way?
- 2. Read Acts 2:1-4 and Acts 2:11b. How do you think the disciples in the upper room might have felt when they had this experience described in vs. 4?
- 3. What were the people in Acts 2:1-4 doing, technically?
- 4. Read Acts 2:5-13. What did some people who didn't share the experience think of it (vs. 10-13)?
- 5. Read 1 Corinthians 14:26-27 and 1 Corinthians 14:28. In this second and different iteration of tongues, who is being spoken to, and what are they receiving?
- 6. What is the purpose of this type of tongues, and if it is used, how should it be used?
- 7. Have you ever been in a gathering of believers where this gift of tongues and interpretation was used? Was it beneficial? How did it affect you?
- 8. Consider the value of the word "if" in 1 Corinthians 14:26-27 and 1 Corinthians 14:28, and share your reflection about what that implies, either way.
- 9. Read 1 Corinthians 14:1-4 and 1 Corinthians 14:5. What is the value of this third iteration of tongues?
- 10. Sometimes tongues 3 is called a personal private prayer language. Why is it referred to this way, and what constitutes a right use of this gift? What are its benefits?
- 11. Read 1 Corinthians 14:15 and Ephesians 6:18. How does the gift of tongues fit into God's great call to love our neighbor?

TALK ABOUT IT | **Group Engagement**

1. Read 1 Corinthians 14:39-40. What did you think the first time you heard someone praying in tongues? What does tongues sound like to you?
2. Read Acts 2:5-13. Why do many believers tend to want to avoid an experience of the power of God and the gift of tongues? How have you wrestled with that tendency?
3. Read Ephesians 6:18. If you have been activated in this third gift of tongues, share what it means to you and what it does for you. If you have not been, share why you'd want this gift of tongues.
4. Which expression of tongues are you most drawn to?
5. Read Jude 1:20-21. What does it seem that the Holy Spirit is trying to accomplish through each of these three different expressions of tongues?

Prayer Time

For openness to the gift of tongues and repentance over cynicism about it.

For activation of the gift of tongues 3.

For activation of the gift of tongues 2.

For activation of the gift of interpretation of tongues 2; give it a try!

For whatever needs there may be among the group.

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TAKE IT HOME | Reflection Continued

Read Mark 16:17, Acts 10:44-48, Acts 19:1-7, Acts 2:38-39, and Romans 8:26.

- What do you observe about who the gift of tongues is for?
- Why do you think we see less manifestation of the gift of tongues, generally, in our current Christian churches?



KINGDOM AUTHORITY

You're filled to flow in Kingdom authority for breakthrough & healing!

In this session, you will discover the authority you have because of your identity, and how to walk in it. This session will help you to grow in understanding of and empowerment in the demonstrative gifts of healing and miracles in and through the authority of Jesus. You'll learn why they are vital aspects of the Kingdom of God, and how to operate in them!

Weekly Scriptures

John 13:3 NLT

Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God.

Matthew 11:27 NLT

“My Father has entrusted everything to me. No one truly knows the Son except the Father, and no one truly knows the Father except the Son and those to whom the Son chooses to reveal him.”

Psalms 18:28-29 NLT

You light a lamp for me. The Lord, my God, lights up my darkness. In your strength I can crush an army; with my God, I can scale any wall.

Colossians 3:13-14 NLT

For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins.

1 Corinthians 4:20 NIV

For the kingdom of God is not a matter of talk but of power.

Matthew 10:1

Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness.

Matthew 10:5-8

Jesus sent out the twelve apostles with these instructions: “Don't go to the Gentiles or the Samaritans, but only to the people of Israel—God's lost sheep. Go and announce to them that the Kingdom of Heaven is near. Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!

Matthew 10:7 NLT

Go and announce to them that the Kingdom of Heaven is near. Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!

Matthew 6:9-10 NIV

This then is how you should pray: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.

1 Corinthians 12:28 NLT

Here are some of the parts God has appointed for the church: first are apostles, second are prophets, third are teachers, then those who do miracles, those who have the gift of healing, those who can help others, those who have the gift of leadership, those who speak in unknown languages.

Acts 2:43 NLT

A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders.

Acts 9:40-41 NIV

Peter sent them all out of the room; then he got down on his knees and prayed. Turning toward the dead woman, he said, “Tabitha, get up.” She opened her eyes, and seeing Peter she sat up. He took her by the hand and helped her to her feet. Then he called for the believers, especially the widows, and presented her to them alive.

Psalms 103:1-3 NIV

Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases.

1 Peter 2:24 NIV

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds, you have been healed.”

Ephesians 2:8 NIV

For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God

Luke 4:38-39 NLT

After leaving the synagogue that day, Jesus went to Simon’s home, where he found Simon’s mother-in-law very sick with a high fever. “Please heal her,” everyone begged. Standing at her bedside, he rebuked the fever, and it left her. And she got up at once and prepared a meal for them.

Matthew 8:16-17 NLT

That evening many demon-possessed people were brought to Jesus. He cast out the evil spirits with a simple command, and he healed all the sick. This fulfilled the word of the Lord through the prophet Isaiah, who said, “He took our sicknesses and removed our diseases.”

James 5:14-15 NLT

Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven.

1. Read John 13:3 and Matthew 11:27. What is the relationship between Jesus' awareness of His authority, his sense of identity, and the actions he took?
2. Read Luke 9:1–2. How do you imagine the disciples might have felt at this moment of commissioning?
3. Read Matthew 10:1. Jesus mentions two specific realms of supernatural activity; why do these two specific realms of challenge require authority from Jesus to address?
4. What would it look like for you, and other believers today to follow Jesus into addressing these realms authoritatively?
5. Read Matthew 10:5–8. What kinds of things get in the way of the flow of Kingdom authority for breakthrough?
6. Read Matthew 10:7. Why is it important for people to gain a general understanding and learning of God and about God while also experiencing the dynamic power of God?
7. Read Matthew 6:9-10, 1 Corinthians 12:28, Acts 2:43, and Acts 9:40-41. What are some biblical examples of miracles—beyond healing?
8. Who does miracles, and how is the gift of miracles activated?
9. Read Psalm 103:1-3, 1 Peter 2:24, and Ephesians 2:8. How does being saved and supernatural authority for healing ministry come together? Describe the word *sozo* and its importance in understanding the healing ministry.
10. Read Luke 4:38-39, Matthew 8:16-1, and James 5:14-15. Why are there so many different kinds of prayer or ministry engagement forms for healing? Describe a few of them from these scriptures.

TALK ABOUT IT | Group Engagement

1. Discuss any highlights from the Sunday message. What kind of wall of impossibility would you want to see the Holy Spirit break through, through you—in the world, our community, your work, family, or friends?
2. Read Psalm 18:28–29. Share how the authority of Jesus affects and motivates you.
3. Read Luke 9:1–2. Have you ever experienced a strong moment of commissioning in any arena of life—share about that and how it affected you. It could be a graduation, a promotion, etc.
4. Read Matthew 10:5–8. Share about a time you’ve witnessed someone moving in Kingdom authority to bring breakthrough.
5. Read 1 Peter 2:24. Share how you have observed or received healing ministry. What excites you about healing ministry?
6. Read Matthew 8:16-1 and James 5:14-15. What would it take for you to engage in healing ministry as a flow of the Spirit? What’s holding you back?

Prayer Time

For boldness in Kingdom Authority.

For activation of the gifts of miracle and healing.

For healing for anyone in the group.

For other needs among the group.

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Read the following passages and consider all the various ways supernatural healing is and can be a core part of the reality of the Kingdom of God:

- Matthew 8:1-4
- Matthew 8:14-15
- Matthew 8:16-17
- Matthew 9:1-8
- Matthew 12:9-14
- Matthew 9:19-22
- Matthew 9:27-31
- Matthew 11:2-5
- Matthew 12:9-13
- Matthew 15:29-31
- Mathew 20:29-34
- Matthew 21:14
- Mark 7:31-37
- Mark 8:22-26
- John 5:1-18
- John 9:1-7
- Acts 3:1-10
- Acts 9:32-35
- Acts 9:36-42
- Acts 14:8-10
- Acts 19:11-12
- Acts 20:9-10
- Acts 28:3-6

DELIVER US FROM EVIL

You're filled to flow with power for deliverance!

In this session, you'll see that when you're full in the Spirit, you're ready to face off the demonic realm—for your own freedom and on behalf of others. This session will help you discover how to flow in the Spirit's power to bring deliverance and freedom from evil demonic affliction and oppression.

Weekly Scriptures

Revelation 12:10-11 NIV

The great dragon was hurled down—that ancient serpent called the devil, or Satan, who leads the whole world astray. He was hurled to the earth, and his angels with him. Then I heard a loud voice in heaven say: "Now have come the salvation and the power and the kingdom of our God, and the authority of his Messiah. For the accuser of our brothers and sisters, who accuses them before our God day and night, has been hurled down. They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.

Colossians 3:13-15 NLT

You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sins. He canceled the record of the charges against us and took it away by nailing it to the cross. In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.

Ephesians 6:12-13 NLT

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle, you will still be standing firm.

James 4:7 NLT

So humble yourselves before God. Resist the devil, and he will flee from you.

Matthew 16:18-20 NIV

And I tell you that you are Peter, and on this rock, I will build my church, and the gates of Hades will not overcome it. I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he ordered his disciples not to tell anyone that he was the Messiah.

If you have struggled with emotional wounds, spiritual darkness, distortions about God, or other things that are holding you back from experiencing God's love, freedom, healing, and deliverance, sign up for a Freedom Prayer session!



Matthew 10:1 NIV

Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness.

Mark 1:23-26 NLT

Suddenly, a man in the synagogue who was possessed by an evil[h] spirit cried out, "Why are you interfering with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" But Jesus reprimanded him. "Be quiet! Come out of the man," he ordered. At that, the evil spirit screamed, threw the man into a convulsion, and then came out of him. Amazement gripped the audience, and they began to discuss what had happened. "What sort of new teaching is this?" they asked excitedly. "It has such authority! Even evil spirits obey his orders!"

2 Corinthians 10:3-5 NIV

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary,

they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Ephesians 6:13-17 NIV

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.

TAKE IT IN | **Bible Study Reflection**

1. Read Revelation 2:10 and Colossians 3:13–15. What is the basis for victory in spiritual warfare? How does the tension between the eternal victory in Christ and the temporal struggle with the forces of evil affect you?
2. Read Matthew 16:18–20. What would be the result of engaging in binding and loosing as Jesus imparted to Peter—and by extension to you?
3. Read Mark 1:23–26. What are the characteristics of how Jesus dealt with a demon?
4. How could you take similar steps when you see something demonic?
5. 2 Corinthians 10:3–5. What about in the broader world—are there any demonic strongholds that you see that need you to step towards with Kingdom authority?

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TALK ABOUT IT | Group Engagement

1. Discuss any highlights from the Sunday message. What would be one “evil” in the world you’d love to see get defeated and diminished?
2. Read Ephesians 6:12–13. Share how you’ve personally experienced demonic affliction, oppression, possession, or attack, or have you seen it in someone else?
3. Read James 4:7. How would you rate your level of resistance at this time?
4. Read Matthew 16:18–20. Have you ever engaged in the binding of an evil spirit, and what was the result?
5. Read Matthew 10:1. How does Jesus expect His disciples (and us) to respond to the problem of evil and the problem of demons?
6. Read 2 Corinthians 10:3–5. Share your own experience of breaking free from strongholds the enemy has had in your life.
7. Share about a time you have helped someone else tear down a demonic stronghold.
8. Read Ephesians 6:13–17. How does this spiritual armor help you?
9. Choose one item of the armor and describe how it could help you if you would use it more regularly.

Prayer Time

For confidence and fearlessness in dealing with demonic darkness.

For courage to be willing to serve Jesus by flowing in deliverance ministry.

For discernment about where there may be something demonic that needs to be shut down.

For love and tact to approach the engagement of deliverance ministry.

For whatever other needs the group may have.

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Read the following scriptures to better understand the four categories of devilish activity:

AFFLICTION

2 Cor. 4:17;
2 Cor 12:7-10;
1 Thess. 2:18

OPPRESSION

1 Peter 5:8;
Matthew 4:24;
Matthew 9:32-33

POSSESSION

Acts 16:16-18;
Mark 5:1-3;
Matthew 17:17-18

ATTACK

Ephesians 6:12;
Luke 22:31;
Ephesians 6:11

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KINGDOM CHARACTER

You're filled to flow in the fruit of the Holy Spirit!

If you're filled with the Spirit, the flesh gets defeated, and the fruit of the Spirit grows! This session will deepen your conviction about the importance of character and integrity. You'll learn to cultivate a holy life where the fruit of the Spirit grows and becomes more evident in and through the choices you make!

**This session corresponds with chapter 8 in the Filled to Flow book.*

Weekly Scriptures

Galatians 5:22-23 NIV

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:16 NIV

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

Romans 8:13-14 NIV

For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. For those who are led by the Spirit of God are the children of God.

Ephesians 4:30 NLT

And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.

1 Thessalonians 5:23 NLT

Now may the God of peace make you holy in every way, and may your whole spirit and soul and body

be kept blameless until our Lord Jesus Christ comes again.

Psalms 29:20-21 NLT

Do not let me be disgraced, for in you I take refuge. May integrity and honesty protect me, for I put my hope in you.

Psalms 51:10-12 NLT

Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit[a] from me. Restore to me the joy of your salvation, and make me willing to obey you.

1 Peter 1:13-16 NLT

So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world. So you must live as God's obedient children. Don't slip back into your old ways of living to satisfy your own desires. You didn't know any better then. But now you must be holy in everything you do, just as God who

We'd love to hear how God moved in your life these last 7 weeks! Email us your story at groups@centerpointmurrieta.com so we can celebrate all of the powerful and transforming God stories!



chose you is holy. For the Scriptures say, "You must be holy because I am holy."

Proverbs 28:13 NIV

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

Acts 3:19-20 NLT

Now repent of your sins and turn to God, so that your sins may be wiped away. Then times of refreshment will come from the presence of the Lord, and he will again send you Jesus, your appointed Messiah.

Revelation 3:19

Those whom I love I rebuke and discipline. So be earnest and repent.

John 4:24 NLT

For God is Spirit, so those who worship him must worship in spirit and in truth."

Ephesians 5:18-20 NLT

Don't be drunk with wine, because

that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

1. Read Galatians 5:22-23. Which fruit of the Spirit comes most easily to you?
2. Which fruit of the Spirit is most challenging for you?
3. Read Galatians 5:16. What are some things that help you to continue to walk by the Spirit in your life?
4. What are some things that tend to throw you out of step with the Holy Spirit?
5. Read Romans 8:13–14. What are some examples of misdeeds of the body that need to be put to death?
6. Read Ephesians 4:30. Why would the Holy Spirit experience sorrow about your life choices?
7. Psalm 51:10–12. What is the value of the purity of the Spirit of God?
8. How does the holiness of God’s Spirit affect us?
9. Read 1 Peter 1:13–16. What kinds of things come to mind when you think of holiness? What does holy actually mean?
10. What does the revelation of God’s holiness call you to?
11. How could holiness be a life-giving adventure for your life?

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TALK ABOUT IT | Group Engagement

1. Discuss any highlights from the Sunday message.
2. Share an example of a person you know who has great godly character.
3. Read Galatians 5:22-23. Pick one of the Kingdom character traits (fruits of the Spirit) that you feel you're doing well with; describe it, and how it's showing up in your life.
4. Read Romans 8:13–14. Share an element of the flesh that you have put to death in your own life, and why that victory is important for your Kingdom calling.
5. Read Ephesians 4:30. Share any way in which you have made choices in your life that brought sorrow to the Holy Spirit.
6. Read 1 Thessalonians 5:23 and Psalm 29:20-21. What has helped you to live the life of integrity God desires?
7. Psalm 51:10–12. What heart changes do you need so that your character is more aligned with the character of the Holy Spirit?
8. Read Proverbs 28:13, Acts 3:19-20, and Revelation 3:19. How does repentance help you in the cultivation of Kingdom character, and is there anything you need to repent of?
9. Read John 4:24 and Ephesians 5:18–20. Share your favorite worship song and how it helps you keep in step with or experience more filling of the Spirit.

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