

Ice Breaker

(in groups of 2 or 3 for larger groups)

Share a high from the last week

Talk About it!

Part 1

Read Philippians 3:1–3 and discuss:

1. What do you think it means to “rejoice in the Lord”?
2. Can you share about whether you’ve had any experience where legalism or performance-based religion robbed you of joy? How did that affect your walk with Jesus? Discuss the phrase “religious junk.”

Part 2

Have you ever been part of a church or group that made you feel like your relationship with God depended on your performance or strict rule-following? What warning signs might help someone identify that they're caught in legalism?

Part 3

Re-read Philippians 3:1 and discuss:

If rejoicing in the Lord implies “going back to grace,” what helps you “turn the dial” of your heart back to joy and grace when life gets fuzzy or discouraging? How can we, in this group, help one another live in that joy and keep Christ as the highest pursuit?

Part 4

Read Philippians 3:4–7.

In what areas of your life are you tempted to rely on your accomplishments, status, or religious activity to feel secure or significant? How does shifting your confidence to Christ instead bring freedom?

Part 5

Think about this line from the sermon: “You’re only as good as your last _____.” (sermon, sales report, project, etc.) Fill in the blank with something from your own life. How can resting in your identity in Christ change how you view your work or performance?

Part 6

Read Philippians 3:8–11.

What's something in your life right now that competes with Jesus for your highest priority? What's one way you can realign your priorities to make knowing Christ central?

Part 7

Reflect on the seven “priority pursuits” Paul listed (know Christ, gain Christ, be one with Him, etc.).

Which of those seven speaks most to you right now—and why? What would it look like for you to pursue that more intentionally this week?