



Ice Breaker (in groups of 2 or 3 for larger groups)

Share what you did to celebrate new years or a new year resolution/goal you've set for yourself.

Talk About it!

QUESTION 1

Colossians 3:1-2 New International Version

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. 2 Set your minds on things above, not on earthly things.

Discuss:

What does it mean to "set your heart/mind" on the things above? What happens when we don't take control and direct our thinking and meditating? And what happens when we do?

QUESTION 2

Colossians 3:3-4 New Living Translation

3 For you died to this life, and your real life is hidden with Christ in God. 4 And when Christ, who is your life, is revealed to the whole world, you will share in all his glory.

Discuss:

What does it mean for you that your new real life is hidden with Christ in God?
How does growing actually happen and where does it start?

QUESTION 3

Colossians 3:5 New Living Translation

5 So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual immorality, impurity, lust, and evil desires. Don't be greedy, for a greedy person is an idolater, worshipping the things of this world.

Discuss:

Why is sexual lust so difficult for people, and for males in particular? How can we keep sexual desire, lust, and greed from controlling us?



QUESTION 4

Colossians 3:5-9 New Living Translation

5 So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual immorality, impurity, lust, and evil desires. Don't be greedy, for a greedy person is an idolater, worshiping the things of this world. 6 Because of these sins, the anger of God is coming. 7 You used to do these things when your life was still part of this world. 8 But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. 9 Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds.

Discuss:

Why do you think God doesn't just let us do whatever we want? How do the parameters of scripture regarding sin affect you? Is there anything you need to 'slay' that you're willing to say?

QUESTION 5

Colossians 3:10-11 New Living Translation

10 Put on your new nature, and be renewed as you learn to know your Creator and become like him. 11 In this new life, it doesn't matter if you are a Jew or a Gentile, circumcised or uncircumcised, barbaric, uncivilized, slave, or free. Christ is all that matters, and he lives in all of us.

Discuss:

What is the feeling you get when you put back on the 'old you'? What is the sensation you have when you do put on 'the new you'? Can you share an example of you living from your new-true-you identity - and what the result of that is?