



Ice Breaker (in groups of 2 or 3 for larger groups)

Describe one of your favorite family trips when you were a child.

Talk About it!

QUESTION 1

Psalm 4:1 New Living Translation

1 Answer me when I call to you,
O God who declares me innocent.
Free me from my troubles.
Have mercy on me and hear my prayer.

Psalm 4:8 New Living Translation

8 In peace I will lie down and sleep,
for you alone, O Lord, will keep me safe.

Discuss:

Why is it so hard for us to release control? What areas of your life have you not released control of yet?
How would it benefit you to release control over to God?

QUESTION 2

Isaiah 43:2 English Standard Version

2 When you pass through the waters, I will be with you;
and through the rivers, they shall not overwhelm you;
when you walk through fire you shall not be burned,
and the flame shall not consume you.

Discuss:

How does this verse change how you think about going through trials? What are some ways you can remind yourself of this when life 'gets hard'?



QUESTION 3

Psalm 51:17 New Living Translation

17 *The sacrifices of God are a broken spirit;
a broken and contrite heart, O God, you will not despise.*

Discuss:

Describe a time when God had to humble or 'break' you in order to reshape you. What did you learn from it? How did it reshape and make you 'bigger' than the problem?

QUESTION 4

Discuss:

What are some of your Goliath's? What steps can you make to get closer to your Goliath and become bigger than 'the problem'?

QUESTION 5

Isaiah 50:10-11 English Standard Version

10 *Who among you fears the Lord
and obeys the voice of his servant?
Let him who walks in darkness
and has no light
trust in the name of the Lord
and rely on his God.*
11 *Behold, all you who kindle a fire,
who equip yourselves with burning torches!
Walk by the light of your fire,
and by the torches that you have kindled!
This you have from my hand:
you shall lie down in torment.*

Discuss:

Pastor Mike talked about Watchman Nee saving a drowning man: "A drowning man cannot be saved until he is utterly exhausted and ceases to make the slightest effort to save himself."

What areas do you feel like you are drowning in? How hard is it to trust God? How can you 'blow out the torch' and give control to God to allow Him to save you?