

Ice Breaker

(in groups of 2 or 3 for larger groups)

Share about a time that you had to press on in your life (funny or hard!).

Talk About it!

Part 1

Read Philippians 3:12 and discuss:

1. Why do you think it's important for even seasoned believers like Paul to admit they haven't arrived?
2. What does it mean to "press on" in your walk with Christ, even when you don't feel like you're where you should be?
3. How can you avoid the mindset of a "spiritual resume" and position yourself to walk out the transformation that God has done within you?

Part 2

Read Philippians 3:13–14 and discuss:

1. What part of your past—good or bad—might you still be holding onto that are keeping you from moving forward in what God has for you?
2. How do you live out a heavenward calling?
3. What does it look like in your life to live with the heavenly prize in mind?

Part 3

Read Philippians 3:15–17 and discuss:

1. Where have you seen spiritual progress in your life, and how are you holding on to it?
2. Who is someone you consider a godly example? What have you learned by watching their life?
3. In what ways do you think others might be looking to you as an example, even if you don't feel ready for that?

Part 4

Read Philippians 3:18–21 and discuss:

1. What distractions most often pull your focus away from your faith?
2. How do you recognize when something small has the potential to become spiritually destructive?
3. What helps you live with an eternal mindset rather than just a “right now” perspective?

Group Prayer Time

- Pray for strength to keep pressing on, even in seasons of discouragement or distraction.
- Ask God to help you let go of past baggage and lean into your heavenly calling.
- Thank God for the godly examples in your life and ask for grace to be one for others.
- Lift up those in your group who may be facing temptation or feeling spiritually dry.